

Mondays 9-3

Tuesdays 9-3

Wednesdays 9-3

Thursdays 9-3

February 2026

Brunswick 50+ Center

2 8:30am Walking Group @ Othello Park 10am Cards/Games 10am \$ Line Dance 12:30pm Movie Monday 2:30pm Yarn Arts Group	3 9am \$ Strength & Stretch 10am Coloring Crafts 11am Blood Pressure & Lunch and Learn with F&R 11am Wii Bowling Noon - Lunch 1pm Game Time	4 9am Pickleball 10am Cards/Games 10am Daily Exercise 1pm Wii Bowling Fun 1pm \$ Diamond Dot 1:30pm \$ Hearts & Bows Floral Decoration (New Date)	5 9am \$ Strength & Stretch 10am Bingo *Bring a prize to share 1pm Live Concert: Patsy Cline Tribute Artist	6 Health Department Presentation Monday, February 9 th 11am Self Care & Suicide Prevention in Older Adults FREE. Pre-register by calling 301-834-8115
9 8:30am Walking Group 10am Cards/Games 10am \$ Line Dance 11am Presentation: Self Care & Suicide Prevention 12:30pm Movie Monday 2:30pm Yarn Arts Group	10 9am \$ Strength & Stretch 10am Craft: Heart Art Board 11am Wii Bowling Noon – Lunch 12:30pm Feb. B-Day Party 1pm Game Time	11 9am Pickleball 10am Daily Exercise 10am Cards/Games 1pm \$ Diamond Dot 1pm Wii Bowling Fun	12 9am \$ Strength & Stretch 10am Bingo *Bring a prize to share 2pm \$ Dinner & Dance	13 Noon \$ Special Valentine's Day Luncheon
16 8:30am Walking Group @ Othello Park 10am Cards/Games 10am \$ Line Dance 12:30pm Movie Monday 2:30pm Yarn Arts Group	17 9am \$ Strength & Stretch 10:30am - \$ Craft: Beaded Windchime 11am Wii Bowling 11:45 Short Stories Noon – Lunch 1pm Game Time	18 9am Pickleball 10am Daily Exercise 10am Cards/Games Noon \$ Lunch out with Friends @ Chef Lin 1pm \$ Diamond Dot 1pm Wii Bowling Fun	19 9am \$ Strength & Stretch 10am Bingo *Bring a prize to share 1pm \$ Craft: Mini Rag Wreath	20 Groceries for Seniors 1440 Taney Avenue Noon – til gone
23 8:30am Walking Group 10am Cards/Games 10am \$ Line Dance 12:30pm Movie Monday 2:30pm Yarn Arts Group	24 9am \$ Strength & Stretch 10:30am \$ Winter Landscape 11:30am Trivia Noon – Lunch 1pm Game Time 1pm Weis Presentation 2pm Book Club	25 9am Pickleball 10am Cards/Games 10am Daily Exercise 1pm Wii Bowling Fun 1pm \$ Diamond Dot	26 9am \$ Strength & Stretch 10am Bingo *Bring a prize to share	27 Day Trip \$ Rawlings Conservatory 9:30am – approx. 3:30pm \$30. Leaving from Frederick See flyer for details

Registration Information

Pre-registration is required for all paid programs.

Limited space for in-person programs.

Masks are strongly recommended. Programs may be postponed or canceled.

Free Programs

Registration must be received at least two business days before paid program.

Email: BrunswickSeniorCenter@FrederickCountyMD.gov or
Call the center: 301-834-8115

Be sure to include:

Your Name, Phone Number, Email Address, and
Names & Dates of Classes and Programs You Want to Take

Confirmation

Once we receive your registration, we will contact you with more details about the programs. Your registration is not complete until you hear from us!

Programs with a Fee

Registration must be received by the “Registration closes” date.

If there is not a date listed, registration must be received at least two business days before program. **Space is limited for in-person programs.**

Payment must be included with registration. Payment is non-refundable.

Credit/Debit Card: Online

Pay via our eStore: <http://frederickcountymd-gov.3dcartstores.com>

- Once on the website, located the “Category” box on the left side.
- Click on the button for the 50+ Community Programs
- Click on the program you want and add the selected program to your shopping cart

Check: Drop-Off (we recommend that you only mail a check if necessary)

- Make check payable to “Frederick County Treasurer”

Include: Your Name, Email Address, Phone Number, and
the Names & Dates of Classes and Programs You Want to Take

Confirmation

Once we receive your registration, we will contact you with more details about the programs. Your registration is not complete until you hear from us!

Virtual Center

Please visit the website to view the Winter 2026 Quarterly Activity Guide.

www.FrederickCountyMD.gov/virtual50

Division of Aging & Independence

Offering fitness, enrichment & social opportunities for ages 50+



Brunswick 50+ Center

February 2026

Programs & Activities

Pre-registration is required for ALL Paid Programs.

Program Highlights

Be Fit -

- Strength & Stretch \$ Every Tuesday & Thursday 9am
- NEW! Walking Group at Othello Park Every Monday 8:30am
- Line Dancing w/ Mary Anne, \$ Mondays 10am @ City Park
- Pickleball, Wednesday and Saturdays at 9am Brunswick City Park
- Daily Exercise, Wednesdays 10am

Be Creative-

- Diamond Dot: \$ Every Wednesday at 1pm
- Hearts & Bows Floral Decoration Wed., Feb. 4th 1:30pm
- Crafts with Elaine: Tissue Heart Art Board Tues., Feb. 10th 10am
- Crafts with Michelle: \$ Cork Heart Tues., Feb. 17th 10:30am
- Crafts with Cathy: \$ Mini Rag Wreath Thurs., Feb. 19th 1pm
- Winter Landscape Watercolor \$ Tues., Feb. 24th 10:30am

Expand Your Knowledge and Community Gathering-

- Blood Pressure & Lunch and Learn with Fire Dept. Tues., Feb. 3 11am
- Dinner & Dance at Eagles Club \$ Thurs., Feb. 12th 2pm
- Presentation.: Self Care & Suicide Prevention Mon., Feb. 9th 11am
- Lunch out with Friends at Ginza \$ Thurs., Feb. 18th Noon
- Weis Presentation: Improve Cholesterol Tues., Feb. 24th 1pm

Cathy Barnes, Supervisor

12 East “A” Street, Brunswick, MD 21716 301-834-8115

or Email: BrunswickSeniorCenter@FrederickCountyMD.gov

Website: www.FrederickCountyMD.gov/virtual50

Virtual Center: VirtualSeniorCenter@FrederickCountyMD.gov

Division of Aging and Independence: 301-600-1234

For program descriptions and more information, please visit our website

www.FrederickCountyMD.gov/virtual50

