

**Mondays 9-3**

**Tuesdays 9-3**

**Wednesdays 9-3**

**Thursdays 9-3**

# February 2026

## Brunswick 50+ Center

**UPDATE:**  
Hearts & Floral  
Craft Decoration  
**Date has been changed**  
**from Feb. 5<sup>th</sup> to Feb. 4<sup>th</sup>**  
same time 1:30pm

**Pickleball**  
Wed. & Sat. 9:00am  
Brunswick City Park  
**Computer Labs**  
Mon.-Thur. 10am-2pm

<b>2</b> 8:30am Walking Group @ Othello Park 10am Cards/Games 10am <b>\$ Line Dance</b> 12:30pm Movie Monday 2:30pm Yarn Arts Group	<b>3</b> 9am <b>\$ Strength &amp; Stretch</b> 10am Coloring Crafts 11am Blood Pressure & Lunch and Learn with F&R 11am Wii Bowling Noon - Lunch 1pm Game Time	<b>4</b> 9am Pickleball 10am Cards/Games 10am Daily Exercise 1pm Wii Bowling Fun 1pm <b>\$ Diamond Dot</b> 1:30pm <b>\$ Hearts &amp; Bows</b> <b>Floral Decoration (New Date)</b>	<b>5</b> <b>9am \$ Strength &amp; Stretch</b> 10am Bingo *Bring a prize to share 1pm Live Concert: Patsy Cline Tribute Artist	<b>6</b> <b>Health Department</b> <b>Presentation</b> Monday, February 9 <sup>th</sup> 11am <b>Self Care &amp; Suicide</b> <b>Prevention in Older Adults</b> FREE. Pre-register by calling <b>301-834-8115</b>
<b>9</b> 8:30am Walking Group 10am Cards/Games 10am <b>\$ Line Dance</b> 11am Presentation: Self Care & Suicide Prevention 12:30pm Movie Monday 2:30pm Yarn Arts Group	<b>10</b> 9am <b>\$ Strength &amp; Stretch</b> 10am Craft: Heart Art Board 11am Wii Bowling Noon – Lunch 12:30pm Feb. B-Day Party 1pm Game Time	<b>11</b> 9am Pickleball 10am Daily Exercise 10am Cards/Games 1pm <b>\$ Diamond Dot</b> 1pm Wii Bowling Fun	<b>12</b> 9am <b>\$ Strength &amp; Stretch</b> 10am Bingo *Bring a prize to share 2pm <b>\$ Dinner &amp; Dance</b>	<b>13</b> Noon <b>\$ Special</b> <b>Valentine's Day</b> <b>Luncheon</b>
<b>16</b> 8:30am Walking Group @ Othello Park 10am Cards/Games 10am <b>\$ Line Dance</b> 12:30pm Movie Monday 2:30pm Yarn Arts Group	<b>17</b> 9am <b>\$ Strength &amp; Stretch</b> 10:30am - <b>\$ Craft:</b> <b>Beaded Windchime</b> 11am Wii Bowling 11:45 Short Stories Noon – Lunch 1pm Game Time	<b>18</b> 9am Pickleball 10am Daily Exercise 10am Cards/Games Noon <b>\$ Lunch out with</b> <b>Friends @ Chef Lin</b> 1pm <b>\$ Diamond Dot</b> 1pm Wii Bowling Fun	<b>19</b> 9am <b>\$ Strength &amp; Stretch</b> 10am Bingo *Bring a prize to share 1pm <b>\$ Craft: Mini</b> <b>Rag Wreath</b>	<b>20</b>  Groceries for Seniors 1440 Taney Avenue Noon – til gone
<b>23</b> 8:30am Walking Group 10am Cards/Games 10am <b>\$ Line Dance</b> 12:30pm Movie Monday 2:30pm Yarn Arts Group	<b>24</b> 9am <b>\$ Strength &amp; Stretch</b> 10:30am <b>\$ Winter Landscape</b> 11:30am Trivia Noon – Lunch 1pm Game Time 1pm Weis Presentation 2pm Book Club	<b>25</b> 9am Pickleball 10am Cards/Games 10am Daily Exercise 1pm Wii Bowling Fun 1pm <b>\$ Diamond Dot</b>	<b>26</b> 9am <b>\$ Strength &amp; Stretch</b> 10am Bingo *Bring a prize to share	<b>27</b> <b>Day Trip</b> <b>\$ Rawlings Conservatory</b> <b>9:30am – approx. 3:30pm</b> <b>\$30. Leaving from Frederick</b> <b>See flyer for details</b>

Cathy Barnes, Supervisor 12 East "A" Street Brunswick, MD 21716

301-834-8115

brunswickseniorcenter@frederickcountymd.gov

## Registration Information

*Pre-registration is required for all paid programs.*

*Limited space for in-person programs.*

*Masks are strongly recommended. Programs may be postponed or canceled.*

## Free Programs

Registration must be received at least two business days before paid program.

Email: [BrunswickSeniorCenter@FrederickCountyMD.gov](mailto:BrunswickSeniorCenter@FrederickCountyMD.gov) or

Call the center: 301-834-8115

Be sure to include:

Your Name, Phone Number, Email Address, and

Names & Dates of Classes and Programs You Want to Take

## Confirmation

Once we receive your registration, we will contact you with more details about the programs. Your registration is not complete until you hear from us!

## Programs with a Fee

Registration must be received by the "Registration closes" date.

If there is not a date listed, registration must be received at least two business days before program. **Space is limited for in-person programs.**

Payment must be included with registration. Payment is non-refundable.

## Credit/Debit Card: Online

Pay via our eStore: <http://frederickcountymd-gov.3dcartstores.com>

- Once on the website, located the "Category" box on the left side.
- Click on the button for the 50+ Community Programs
- Click on the program you want and add the selected program to your shopping cart

## Check: Drop-Off (we recommend that you only mail a check if necessary)

- Make check payable to "Frederick County Treasurer"
- Include: Your Name, Email Address, Phone Number, and the Names & Dates of Classes and Programs You Want to Take

## Confirmation

Once we receive your registration, we will contact you with more details about the programs. Your registration is not complete until you hear from us!

## Virtual Center

Please visit the website to view the Winter 2026 Quarterly Activity Guide.

[www.FrederickCountyMD.gov/virtual50](http://www.FrederickCountyMD.gov/virtual50)

**Division of Aging & Independence**  
Offering fitness, enrichment & social opportunities for ages 50+



# Brunswick 50+ Center February 2026 Programs & Activities

**Pre-registration is required for ALL Paid Programs.**

## Program Highlights

### Be Fit -

- Strength & Stretch \$ Every Tuesday & Thursday 9am
- NEW! Walking Group at Othello Park Every Monday 8:30am
- Line Dancing w/ Mary Anne, \$ Mondays 10am @ City Park
- Pickleball, Wednesday and Saturdays at 9am Brunswick City Park
- Daily Exercise, Wednesdays 10am

### Be Creative-

- Diamond Dot: \$ Every Wednesday at 1pm
- Hearts & Bows Floral Decoration Wed., Feb. 4<sup>th</sup> 1:30pm
- Crafts with Elaine: Tissue Heart Art Board Tues., Feb. 10<sup>th</sup> 10am
- Crafts with Michelle: \$ Cork Heart Tues., Feb. 17<sup>th</sup> 10:30am
- Crafts with Cathy: \$ Mini Rag Wreath Thurs., Feb. 19<sup>th</sup> 1pm
- Winter Landscape Watercolor \$ Tues., Feb. 24<sup>th</sup> 10:30am

### Expand Your Knowledge and Community Gathering-

- Blood Pressure & Lunch and Learn with Fire Dept. Tues., Feb. 3 11am
- Dinner & Dance at Eagles Club \$ Thurs., Feb. 12<sup>th</sup> 2pm
- Presentation.: Self Care & Suicide Prevention Mon., Feb. 9<sup>th</sup> 11am
- Lunch out with Friends at Ginza \$ Thurs., Feb. 18<sup>th</sup> Noon
- Weis Presentation: Improve Cholesterol Tues., Feb. 24<sup>th</sup> 1pm

## Cathy Barnes, Supervisor

12 East "A" Street, Brunswick, MD 21716 301-834-8115

or Email: [BrunswickSeniorCenter@FrederickCountyMD.gov](mailto:BrunswickSeniorCenter@FrederickCountyMD.gov)

Website: [www.FrederickCountyMD.gov/virtual50](http://www.FrederickCountyMD.gov/virtual50)

Virtual Center: [VirtualSeniorCenter@FrederickCountyMD.gov](mailto:VirtualSeniorCenter@FrederickCountyMD.gov)

**Division of Aging and Independence: 301-600-1234**

For program descriptions and more information, please visit our website

[www.FrederickCountyMD.gov/virtual50](http://www.FrederickCountyMD.gov/virtual50)

