

# 2026 CIRCLE OF FRIENDS MEMORY CAFE



**Memory cafe is a relaxed space where people with early stage memory loss, their families and friends can come together for social engagement.**

**Fridays 11:30 AM - 1:00 PM**

**Lunch is Provided and Attendance is Free**

Frederick Senior Center	Brunswick Library	Middletown Senior Center	Urbana Senior Center
January 2nd	January 30th	February 6th	February 20th
March 6th	March 13th	April 10th	April 17th
May 1st	May 8th	June 5th	June 12th
July 17th	July 24th	August 7th	August 21st
September 4th	September 25th	October 9th	October 16th
November 6th	November 20th	December 4th	December 18th



**Register  
at least two days prior to cafe,  
Call 301-600-6022 or  
Email: [CaregiverSupport@FrederickCountyMD.gov](mailto:CaregiverSupport@FrederickCountyMD.gov)**

