



# Family Partnership January 2026

## Parenting Participant Program Schedule



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
5	6	7	8
<b>9:00</b> FCPL Bookmobile <b>9:30</b> Storytime PACT <b>10-12</b> ESL • GED • Lab <b>1-3</b> Making Moves in 2026	<b>9:00</b> FCPL Bookmobile <b>9:30</b> Storytime PACT <b>10-12</b> ESL • GED • Lab <b>1-3</b> Making Moves in 2026  <b>6-8</b> Parent Education Groups <i>Offered in English and Spanish</i>	<b>9:15</b> Arrival & PACT <b>10-12</b> ESL • GED • Lab <b>1-3</b> Parent Chat	<b>9:15</b> Arrival & PACT <b>10-12</b> ESL • GED • Lab <b>1-3</b> Parent Chat
12	13	14	15
<b>9:15</b> Arrival & PACT <b>10-12</b> ESL • GED • Lab <b>1-2:15</b> Creative Adventures <b>2:15-3</b> Parent Leadership	<b>9:15</b> Arrival & PACT <b>10-12</b> ESL • GED • Lab <b>1-2:15</b> Creative Adventures <b>2:15-3</b> Parent Leadership  <b>6-8</b> Parent Education Groups <i>Offered in English and Spanish</i>	<b>9:15</b> Arrival & PACT <b>10-12</b> ESL • GED • Lab <b>1-3</b> Chicago Parent Program Pt. 1 <i>Offered in English and Spanish</i>	<b>9:15</b> Arrival & PACT <b>10-12</b> ESL • GED • Lab <b>1-3</b> Chicago Parent Program Pt. 1 <i>Offered in English and Spanish</i>
19	20	21	22
Closed for Martin Luther King Day Holiday	Staff Development Day No Daytime Programs  <b>6-8</b> Parent Education Groups <i>Offered in English and Spanish</i>	<b>9:15</b> Arrival & PACT <b>10-12</b> ESL • GED • Lab <b>1-3</b> Chicago Parent Program Pt. 2 <i>Offered in English and Spanish</i>	<b>9:15</b> Arrival & PACT <b>10-12</b> ESL • GED • Lab <b>1-3</b> Chicago Parent Program Pt. 2 <i>Offered in English and Spanish</i>
26	27	28	29
<b>9:15</b> Arrival & PACT <b>10-12</b> ESL • GED • Lab <b>1:00 -1:30</b> Unplugged <b>1:30-2:30</b> Crafting Workshop <b>2:30-3:00</b> Parent Rewards	<b>9:15</b> Arrival & PACT <b>10-12</b> ESL • GED • Lab <b>1:00 -1:30</b> Unplugged <b>1:30-2:30</b> Crafting Workshop <b>2:30-3:00</b> Parent Rewards  <b>6-8</b> Parent Education Groups <i>Offered in English and Spanish</i>	<b>9:15</b> Arrival & PACT <b>10-12</b> ESL • GED • Lab <b>1-3</b> Chicago Parent Program Pt. 3 <i>Offered in English and Spanish</i>	<b>9:15</b> Arrival & PACT <b>10-12</b> ESL • GED • Lab <b>1-3</b> Chicago Parent Program Pt. 3 <i>Offered in English and Spanish</i>



# Family Partnership Services



## Daytime Parent & Child Program

*For expectant parents and families with children 0-4 years*

Family Partnership's Parent and Child Program helps parents and caregivers work toward educational and employment goals, build social networks, and strengthen parenting skills. Children receive developmentally appropriate care and early education in our classrooms while parents attend on-site classes and activities. *Parents and children attend the center together.*

### Child Development Services

- Parent and Child Together (PACT) – daily activities that support parents as their child's first teacher, promote development, and nurture positive parent-child relationships.
- Teaching Strategies GOLD assessments and developmental screenings are administered to monitor milestones and document children's development and learning.

### Adult Education Services

- GED Preparation: classroom instruction, GED Academy, tutoring, and practice tests, and testing support
- English as a Second Language: (ESL) classes are offered through Frederick Community College's Adult Education Program (Ages 18+)
- Learning Lab: computer skills, online learning and research, career assessments, job exploration, resume creation

**Formal Parent Education** – evidence-based curricula that focus on child development, empathetic parenting, positive discipline and healthy family relationships. Classes are offered as a 9 – 10-week series. Certificate provided upon program completion. *Curricula include Nurturing Parenting, Circle of Security, and Chicago Parent Program*

**Employment Services** – designed to support participants with job searches, career exploration, employment attainment and career advancement.

**Leadership and Parent Advisory Meetings** – leadership development, peer support, and advocacy skill-building, with opportunities for parents to help guide program planning.

**Health Education** – workshops and activities promoting the health and well-being of children and families. Topics include preventive health, family planning, healthy lifestyles, and mental health.

## Evening Parent Education Groups

*11-week series for expectant parents and families with children 0-12 years | Available in English and Spanish*

*Funded through the Promoting Safe and Stable Families grant through FCDSS.*

- Build and strengthen nurturing parent-child relationships, positive parenting strategies, and healthy family dynamics. Certificate provided upon program completion.
- Groups meet weekly on Tuesday evenings. Transportation and childcare are available.

## Rise Above Program (RAP)

*Youth Services for students 16 through 24 years (non-parents) who are facing barriers to completing high school*

*Empowering youth to achieve academic success, career readiness, and personal growth*

### RAP Services:

- GED preparation – classroom instruction, GED Academy online practice, tutoring, practice tests, and testing support
- Career exploration and development – job shadowing, internships, apprenticeships, and career tours
- Case management, mental health services and individualized support

### RAP Schedule:

- GED Classes: Monday- Friday 10 AM -12PM | Wednesday- Thursday 1PM – 3PM | Tuesday 5 PM – 8 PM
- Career Development & Learning Lab: Monday- Tuesday 1PM – 3PM



### Family Partnership

Division of Family Services

8420 Gas House Pike, Suite EE | Frederick MD, 21701

Phone: 301-600-2206 | Email: FamPart@FrederickCountyMD.gov

Visit us online: [FrederickCountyMD.gov/FP](https://FrederickCountyMD.gov/FP)

