

Day Trips

Registration opens Friday, December 12, 2025, 9:00 a.m.

Gettysburg: Dorothea's Gallery & Lunch

You may know art instructor, Dorothea Barrick, from her monthly classes at the Emmitsburg Center. We are invited to visit her art gallery in Gettysburg!

Take a ride with us to see her gallery and have lunch at a Gettysburg restaurant.

Date: Wednesday, January 7

Inclement weather date: Wed. January 14

Register by Wednesday, December 31

Time: 10:30 a.m.-approximately 2:00 p.m.

Cost: \$5 per person

Lunch: Bring money for lunch

Location: Leave from Emmitsburg Senior Center



Catoctin Mountain Park Nature Walk

Located in Thurmont, MD, Catoctin Mountain Park was created during the Great Depression as a place for people to reconnect with nature. The park has 25 miles of trails. We will join a park ranger on a nature walk around the Spicebush Trail, a semi-hard dirt surface, accessible trail 0.2 miles long.

Date: Thursday, March 19

Register by Thursday, March 5

Time: 10:30 a.m.-approximately 2:00 p.m.

Cost: \$5 per person

Lunch: Bring your lunch to eat in the picnic area

Location: Leave from Emmitsburg Senior Center



Hagerstown: Culinary Trip

Expand your culinary horizons! We will dine at Sofrito, a restaurant serving authentic Puerto Rican cuisine, located in downtown Hagerstown. On the way home we will stop at the Pennsylvania Dutch Market for some treats.

Date: Thursday, February 19

Register by Thursday, February 5

Time: 10:00 a.m.-approximately 2:30 p.m.

Cost: \$10 per person

Lunch: Bring money for lunch & shopping

Location: Leave from Emmitsburg Senior Center



Movie @ Warehouse Cinemas

Kick back in a recliner and enjoy watching a movie on the big screen. Ticket includes a snack pack.

(Movie TBD)

<https://www.warehousecinemas.com/home>



Date: Wednesday, March 18

Register by Wednesday, March 4

Time: 10:00 a.m.-approximately 2:00 p.m.

(time may vary slightly depending on showtime)

Cost: \$20 plus money for extra concessions

Location: Leave from Brunswick Senior Center or

Location: Leave from Emmitsburg Senior Center

See other side for more day trips!

The Division of Aging and Independence has engaged MGT, a national consulting firm, to help us identify locations and essential needs for future centers.



In January you will be invited to attend a focus group at a current senior center or other location, including virtual options, to share your vision for 50+ Community Centers of the future. Following those meetings, a survey will be released for follow-up. Please plan to attend a meeting and complete a survey when you receive the invitation.

Your thoughts and ideas are important!

Your vision will guide the future of senior centers in Frederick County!

Day Trips

Baltimore Museum of Art

Over 100 years ago, the Baltimore Museum of Art (BMA) was founded on the belief that access to art and ideas is integral to a vibrant and healthy civic life. This belief is at the heart of the BMA.

We have tickets for a 1:00 p.m. self-guided tour of the exhibit, Amy Sherald: American Sublime. This exhibition traces the artistic evolution of Amy Sherald, a defining voice of her generation who transformed American portraiture. The rest of the museum is yours to explore at your leisure.

<https://artbma.org>

Date: Friday, January 23

Register by Friday, January 9

Time: 8:30 a.m.-approximately 3:30 p.m.

Cost: \$40 per person

Lunch: Bring money for lunch

(options: Gertrude's located inside the museum or purchase food from the Gertrude's To-Go Kiosk

<https://gertrudesbaltimore.com/planyourvisit>) or

bring your lunch and eat on the bus on the way home

Location: Leave from Frederick Senior Center

**Rock of Ages
@ Toby's Dinner Theatre**

It's the 1980's in Hollywood and a "small town girl living in a lonely world" meets a "city boy, born and raised in South Detroit" on the Sunset Strip and they fall in love to the greatest hits of the era! Playing to packed houses on Broadway for over 5 years, Rock of Ages takes you back to the time of big bands, playing big guitar solos and sporting even bigger hair! Featuring: Don't Stop Believin', Wanted Dead or Alive, Here I Go Again, The Final Countdown, Can't Fight This Feeling, Hit Me With Your Best Shot, and many more great classic rock hits!

<https://tobysdinnertheatre.com/shows/rock-of-ages>

Date: Sunday, March 8

Register by Friday, February 20

Time: 9:30 a.m.- approximately 4:30 p.m.

Cost: \$105 per person

Lunch: Buffet lunch included

Location: Leave from Frederick Senior Center

**Rawlings Conservatory**

Opened in 1888, the historic H.P. Rawlings Conservatory & Botanic Gardens is one of Baltimore's most important architectural treasures. Featuring five distinct greenhouses, one 1/2-acre garden with many flower beds, and a kaleidoscope of colors all year round. These historic structures provide the ideal setting for plants from tropical, desert, and Mediterranean regions, creating immersive spaces that transport visitors to different corners of the world.

<https://rawlingsconservatory.org>

Date: Friday, February 27

Register by Friday, February 13

Time: 9:30 a.m.-approximately 3:30 p.m.

Cost: \$30 per person

Lunch: Bring money for lunch

Location: Leave from Frederick Senior Center

**Josiah Henson Museum & Park**

Josiah Henson Museum and Park, North Bethesda, MD, seeks to educate the public about the life of Reverend Josiah Henson, including his challenges and accomplishments, slavery in Maryland, and the ongoing struggle for racial equality through its exhibits and programs. Henson's 1849 autobiography, *The Life of Josiah Henson, Formerly a Slave, Now an Inhabitant of Canada* inspired Harriet Beecher Stowe's landmark anti-slavery novel, *Uncle Tom's Cabin*.

<https://montgomeryparks.org/parks-and-trails/josiah-henson-museum-and-park>



Date: Friday, March 27

Register by Friday, March 13

Time: 8:30 a.m.-approximately 3:30 p.m.

Cost: \$30 per person

Lunch: Bring money for lunch

Location: Leave from Frederick Senior Center

**Day Trips fill fast!
Don't wait to register!**

Day Trip Registration Information

Trip Policies and Procedures, including Refunds

Registration opens Friday, December 12, 2025, 9:00 a.m.

Trips have limited space and fill fast!

In-person registration: 9:00 a.m.-2:00 p.m. on days that the centers are open.
You may register online 24/7 starting at 9:00 a.m. Friday, December 12, 2025.

Please refer to the **Senior Center Guidelines, Policies, and Procedures** for information about reservations, payments, refunds, and participation guidelines.

It is the participant's responsibility to review this document.

A copy of Senior Center Guidelines, Policies, and Procedures is available at any of the senior centers or on our website.

Registration and Payment

Space is limited and available on a first come, first served basis.

Reservations must be paid in full to guarantee seating.

Registrations will not be accepted without payment (cash, check, or credit card).

Registrations may be made at any of the Frederick County senior centers.

Registrations may also be made online: <http://frederickcountymd.gov.3dcartstores.com>

Eligibility

Participants must have a current, signed DAI intake form on file to register for trips.

Trip participants must function independently without one on one assistance or supervision from staff.

Individuals who need assistance or supervision may participate if they are accompanied by a companion or aide, who escorts them at all times; provides all personal assistance; abides by FCDAI guidelines, policies and procedures; and is at least 18 years of age or older. Companions/Aides must complete a DAI intake form and pay for the trip.

Transportation

Unless indicated otherwise, transportation utilizing county owned or charter vehicles is included in the trip fee. Registered participants are expected to utilize the service for all portions of a trip. The purpose of providing transportation is to foster the social experience and to provide safe and efficient travel.

Brief Summary of Refund Policy

For **complete details** about this policy please refer to the 50+ Community Centers Guidelines, Policies, and Procedures.

Refund requests must be made in writing before the "register by date" listed in the description for each trip. Cancellations after this date are nonrefundable.

- You may find someone to take your spot.
- If the Division staff finds someone to take your spot you will receive a refund minus a \$20 service fee.
- If a substitute is not available a refund will not be issued.



Day Trips

Registration opens Friday, Dec. 12, 9:00 a.m.

By registering you are agreeing to abide by the DAI 50+ Community Senior Center Code of Conduct

Use this form to pay by check: drop-off at one of the centers or mail to: Frederick County Division of Aging & Independence, Attn: 50+ Programs, 1440 Taney Ave., Frederick, MD 21702

To pay by credit card visit our eStore: <http://frederickcountymd.gov.3dcartstores.com>

To register for a free program email us: VirtualSeniorCenter@FrederickCountyMD.gov

Name _____ Phone _____

Name _____ Phone _____

Email Address _____

Mailing Address _____

Trip	Date	Location	Price	Total
Trip: Gettysburg: Dorothea's Gallery	Wed, Jan. 7 10:30 a.m.-2:00 p.m.	Leave from Emmitsburg	\$5 Bring \$ for lunch	
Trip: Hagerstown: Culinary Trip	Thurs, Feb. 19 10:00 a.m.-2:30 p.m.	Leave from Emmitsburg	\$10 Bring \$ for lunch	
Trip: Catoctin Mountain Park Nature Walk	Thurs, Mar. 19 10:30 a.m.-2:00 p.m.	Leave from Emmitsburg	\$5 Bring your lunch	
Trip: Movie: Warehouse Cinemas	Wed, Mar. 18 10:00 a.m.-2:00 p.m.	Circle One: Leave from BSC Leave from ESC	\$20 Bring \$ for extra concessions	
Trip: Baltimore Museum of Art	Fri, Jan. 23 8:30 a.m.-3:30 p.m.	Leave from Frederick	\$40 Bring your lunch or \$ for lunch	
Trip: Rawlings Conservatory	Fri, Feb. 27 9:30 a.m.-3:30 p.m.	Leave from Frederick	\$30 Bring \$ for lunch	
Trip: Rock of Ages: Toby's Dinner Theatre	Sun, Mar. 8 9:30 a.m.-4:30 p.m.	Leave from Frederick	\$105 Lunch included	
Trip: Josiah Henson Museum & Park	Fri, Mar. 27 8:30 a.m.-3:30 p.m.	Leave from Frederick	\$30 Bring \$ for lunch	
Make checks payable to "Frederick County Treasurer"				Grand Total

Office Use Only: Check # _____ Cash _____ Credit Card _____ AIM _____ Staff Name _____ Date _____