

Being Creative

Any supplies needed are provided unless otherwise noted.

Drawing & Ink Work

Drawing

Using a variety of drawing media, build your skills and explore various techniques. Beginners and returning students welcome.

Instructor: Jeanne McDermott

Frederick \$30, pre-register (3 weeks)
Mondays, starting Jan 12, 9:30-11:30 a.m.



Asian Ink & Brushwork:

An Overview

Many ancient techniques, such as the use of ink and brush for painting and calligraphy, are still practiced today and continue to influence modern art.

In Asian art, the Four Gentlemen or Four Noble Ones, is a collective term referring to four plants: the plum blossom, the orchid, the bamboo, and the chrysanthemum. Uncha will share her knowledge and award-winning art in this presentation.

Note: this is a talk; join us on Wed, Jan. 28 for a hands-on experience.

Presenter: Uncha Sprich

Urbana Free, pre-register
Tuesday, Jan. 13, 2:00-3:00 p.m.



Asian Ink & Brushwork:

A Hands-on Experience

Enjoy a hands-on experience using ink and brush as we learn some basic Asian art techniques. We will be using ink, brushes, and rice paper.

Instructor: Uncha Sprich

Urbana \$5, pre-register
Wednesday, Jan. 28, 1:00-3:00 p.m.



Wildlife Portrait in Colored Pencil

Use graphite and/or colored pencils on toned paper to draw a wildlife portrait. Learn how toned paper can give a different effect to highlights and shadows in your drawing. New and returning students welcome!

Instructor: Dorothea Barrick

Emmitsburg \$15, pre-register
Tuesday, Feb. 10, 1:00-3:00 p.m.

Drawing/Illustration

Each session there will be a drawing with step-by-step instruction. Several mediums will be used. Join our group and have fun learning new skills, brush up on old techniques, and make some new friends.

Instructor: Michael Poist

Virtual Free, pre-register
Tuesdays, 4:00-5:00 p.m.



Seasonal Decor

Winter Hat Door Hanger

Create your own beautiful door hanging using greens, winter decorations, and a cozy knitted winter hat.

Tuesday, Jan. 6, 1:30 p.m.

Urbana \$12, pre-register
All supplies will be provided.



Hearts & Bows Floral Decoration

Make and take miniature arrangement. All supplies are provided.

Instructor: Sherri Duvall

Brunswick \$5, pre-register
Thursday, Feb. 5, 1:30 p.m.



“Being creative is intelligence having fun.”

- Albert Einstein

Computer Labs

Each center has computers available for you to use. Limited usage time.

Tech help is NOT available

Free, drop-in



Brunswick Mon-Thurs, 10:00 a.m.-2:00 p.m.

Emmitsburg Mon-Thurs, 9:00 a.m.-3:30 p.m.

Frederick Mon-Fri, 9:00 a.m.-3:30 p.m.

Middletown Mon-Fri, 9:00 a.m.-3:00 p.m.

Urbana Mon-Thurs, 9:00 a.m.-3:30 p.m.

Being Creative

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Painting: Acrylics & Watercolor

Cheeky Snowman: Acrylics

No skill required, there will be a prompt with step-by-step instruction. This class is for all skill levels. All supplies will be provided.

Instructor: Michelle Moore

Frederick \$5, pre-register
Wednesday, Jan. 14, 5:00 p.m.



Spring Theme: Acrylics

Enjoy a fun two-part acrylic painting experience as we anticipate spring. Beginners and returning students are welcome.

Instructor: Jeanne McDermott

Frederick \$25, pre-register (2 weeks)
Mondays, starting Feb. 16, 9:30 a.m.-11:30 a.m.



Winter Landscape: Watercolor

No skill required, there will be a prompt with step-by-step instruction. This class is for all skill levels.

All supplies will be provided.

Instructor: Michelle Moore

Frederick \$5, pre-register
Tuesday, Feb. 24, 10:30 a.m.



Seasonal Watercolor

Engage creatively with watercolor. A variety of techniques and displays will be used to explore the medium. Beginners and returning students welcome. You will be amazed at what you can do!

Instructor: Jeanne McDermott

Frederick \$40, pre-register (4 weeks)
Mondays, starting Mar. 9, 9:30-11:30 a.m.



Spring Flowers in Watercolor

Use the early Spring blooms like daffodils, hyacinths, and tulips for inspiration for this still life watercolor. New and returning students welcome!

Instructor: Dorothea Barrick

Emmitsburg \$15, pre-register
Tuesday, Mar. 24, 1:00-3:00 p.m.



Creative Arts

NEW Music/Singing Classes

Instructor: Kathy Gelles-Baxter

Music Basics

Learn the staff notes, and rhythm and beat of music scores.



Frederick \$20, pre-register (4 weeks)
Mondays, starts Jan. 5, 10:00-11:00 a.m.

Singing Basics

Explore tempo and mood. Practice singing in key.

Frederick \$20, pre-register (4 weeks)
Mondays, starts Feb. 16, 10:00-11:00 a.m.

Choral Singing Basics

Focus on singing in harmony with strategies for following individual parts in a chorus setting.

Frederick \$20, pre-register (4 weeks)
Mondays, starts Mar. 23, 10:00-11:00 a.m.

Golden Tones Chorus

Do you like to sing? The Golden Tones repertoire includes show tunes, popular standards, and familiar tunes that audiences remember from past years.



Join us in the exuberance of song.

Spring Concert will be scheduled for May.
Frederick \$50, pre-register (11 weeks)
Mondays, starting Jan. 5, 2:00-3:30 p.m.



Writing Family History I - Intro

Interested in writing your family history? Thinking about writing a memoir? Writing prompts are provided. Participants will write between sessions and are asked to read in the group setting.

Lead by Dara Markowitz

Virtual Free, pre-register (4 weeks)
Tuesdays, starting Mar. 3, 10:00-11:00 a.m.

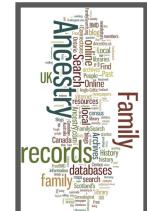
Writing Family History II

This ongoing group is for participants who have taken Writing Family History I. Writing prompts are provided.

Participants will be asked to read periodically in the group setting.

Lead by Dara Markowitz

Virtual, Frederick Free, pre-register
Wednesdays, starting Jan. 7, 10:30-11:30 a.m.



Being Creative

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Craft & Conversation

Make a craft while socializing with friends.

\$5/session unless otherwise noted
pre-register, all supplies are provided

Brunswick: Crafting with Cathy

Beaded Elastic Bracelet

Thurs, Jan. 15, 1:00 p.m.

Mini Rag Wreath

Thurs, Feb. 19, 1:00 p.m.

Beaded Key Chain

Thurs, Mar. 26, 1:00 p.m.



Emmitsburg

Gelatin Bird Feeders (\$2)

Wed, Jan. 14, 11:00 a.m.

Tea Cup Winter Scene

Wed, Feb. 11, 11:00 a.m.

Resin Earrings

Wed, Mar. 11, 11:00 a.m.



Frederick: Crafting with Lynne

Dream Journals

Wed, Jan. 14, 10:00 a.m.

Paper Flowers

Wed, Feb. 11, 10:00 a.m.

Bird House Decor

Wed, Mar. 11, 10:00 a.m.



Urbana

Snowman (dryer vent base)

Tues, Jan. 20, 1:30 p.m.

Wooden Block Photo Holders

Tues, Feb. 17, 1:30 p.m.

Vintage Seed Packet Planters

Tues, Mar. 24, 1:30 p.m.



Coloring Crafts with Elaine

Come sit, relax, and socialize with us!

Brunswick Free, drop-in, 10:00 a.m.

Tues, Jan. 6, Feb. 3, Mar. 3



Diamond Dot Fun

It's your choice! Lots of choices!

Brunswick \$2 per item, pre-register,
pay at door, Wednesdays, 1:00-3:00 p.m.



Crafts, Crafts, Crafts

Upcycle Crafts

Upcycle household and other items into creative and inexpensive decor and gifts.

Middletown pre-registration preferred,
donation at the door

Fingerless Gloves (bring an old sweater
or pair of heavy knit socks to upcycle)

Thurs, Jan. 8, 1:00 p.m.

Valentine Gumball Favors

Tues, Feb. 3, 1:00 p.m.

BOHO Flower Wall Hanging
(bring 3 egg cartons)

Thurs, Mar. 12, 1:00 p.m.



Dollar Craft Day

Ever get tempted to do the craft kits
you see at the dollar store? For a fun
and easy make-and-take craft, try
dollar craft day where we will
complete a different kit each month.



Emmitsburg \$1 at the door, pre-register
3rd Tuesday, 11:00 a.m.

Crafts with Michelle

All supplies are provided.

Brunswick pre-register

\$1 per session, pay at door

Snowman Decoration

Tues, Jan. 27, 10:30 a.m.

Cork Heart

Tues, Feb. 17, 10:00 a.m.

Beaded Windchime

Tues, Mar. 17, 10:30 a.m.



Group Crafts with Elaine

Come craft, socialize, open to all ages and abilities.
This is a time to socialize while being creative.

The craft will be displayed at center or donated.

Instructor: Elaine Stine

Brunswick Free, pre-register
Ribbon Bookmarks

Tues, Jan. 13, 10:00 a.m.

Tissue Heart Art Board

Tues, Feb. 10, 10:00 a.m.

Painted Hand Wall Hanging

Tues, Mar. 10, 10:00 a.m.



Being Creative

Fabric & Yarns Arts

Needle Felting

Using a simple felting needle and soft wool fleece, your instructor will guide you in painting or sculpting with wool. No previous experience required.

Instructor: Ilene White Freedman

Frederick \$10 per day, pre-register
Penguins: Mon, Jan. 26, 1:30-3:30 p.m.
Felted Charms for Necklace:
Mon, Feb. 16, 1:30-3:30 p.m.
Coasters: Mon, Mar. 16, 1:30-3:30 p.m.

**Stitching Post: Yarn Arts Group**

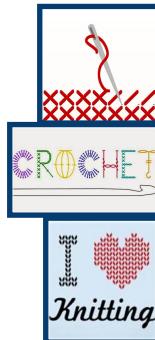
Come knit, crochet, cross-stitch, needlepoint, do other needlework, or just talk. This is a time to socialize while being creative. Bring your project or use our supplies.

Brunswick Free, pre-register
Mondays, 2:30-3:30 p.m.
(You may also make crochet for charity at Brunswick)

Middletown Free, pre-register
2nd & 3rd Monday, 1:00-3:00 p.m.

Urbana Free, drop-in
Thursdays, 10:30 a.m.-Noon

Virtual Free, pre-register
Thursdays, 10:30 a.m.-Noon

**Quilting**

This is a time to socialize while working on projects. The center has sewing machines and some quilting supplies. Feel free to bring your own machine. This is not a learn to sew program.

Frederick Free, pre-register
Thursdays, 9:30 a.m.-Noon

**Untangled: A Yarn Arts Group**

Are you a knitter? Love to crochet? Cross-stitch or embroidery your thing? All fiber/yarn arts welcome.

Periodic opportunities to make items for community projects. Bring your project or use our supplies.

Frederick Free, pre-register
Tuesdays, 10:00 a.m.-Noon



Open Studios Arts & Crafts

Open Lab: Stained-Glass

The open lab is for working on your own stained-glass projects. All equipment will be provided but you will need to bring your own protective eyewear (mandatory) and thin work gloves (recommended). Bring your own glass or pay an additional fee to use our glass. Note: There is not an instructor.



Emmitsburg pre-register
\$5 per day contribution, plus the cost of glass
Mondays, 10:00 a.m.-3:00 p.m.

Open Studio: Scrapbooking

Space available to work on your scrapbooking projects. Bring your supplies for traditional scrapbooking or your laptop/tablet to work on digital projects. Spend time with others who share your interests. *Coordinator: Barb Schaberl*

Frederick Free, pre-register
Wednesdays, 12:30-3:30 p.m.

**Open Studio: Painting/Drawing/Coloring**

This is a time to socialize while working on independent projects. Adult coloring supplies are available. Feel free to bring personal supplies for painting/drawing activities.

Frederick Free, pre-register
Thursdays, 1:00-3:30 p.m.

**Yarn Arts: Community Outreach**

An opportunity to gather with others to knit, crochet, needlepoint or do other needlework in the company of like-minded creators. Supplies for projects to be donated to community organizations are always available.

Middletown Free, pre-register
2nd & 3rd Monday of each month, 1:00 p.m.

Food, Cooking & Nutrition Programs

can be found in the Living Healthy section
pages 16-17

Being Creative

Registration opens Friday, Dec. 12, 9:00 a.m.

By registering you are agreeing to abide by the 50+ Community Senior Center Code of Conduct

Use this form to pay by check: drop-off at one of the centers or mail to: Frederick County Division of Aging & Independence, Attn: 50+ Programs, 1440 Taney Ave., Frederick, MD 21702

To pay by credit card visit our eStore: <http://frederickcountymd.gov.3dcartstores.com>

Name _____ Phone _____

Email Address _____

Mailing Address _____

Classes/Programs	Date	Location	Price	Total
Landscape: Watercolor	Tues, Feb. 24, 10:30 a.m.	Brunswick	\$5	
Checky Snowman: Acrylics	Wed, Jan. 14, 5:00 p.m.	Brunswick	\$5	
Hearts & Bows Floral	Thurs, Feb. 5, 1:30 p.m.	Brunswick	\$5	
Wildlife Portrait: Pencil	Tues, Feb. 10, 1:00-3:00 p.m.	Emmitsburg	\$15	
Spring Flowers: Watercolor	Tues, Mar. 24, 1:00-3:00 p.m.	Emmitsburg	\$15	
Stained-Glass Open Lab	Mon, 10:00 a.m.-3:00 p.m.	Emmitsburg	\$5/day	
Drawing	Mon, Jan. 12 (3-wks), 9:30-11:30 a.m.	Frederick	\$30	
Spring Theme: Acrylics	Mon, Feb. 16 (2-wks), 9:30-11:30 a.m.	Frederick	\$25	
Seasonal Watercolor	Mon, Mar. 9 (4-wks), 9:30-11:30 a.m.	Frederick	\$40	
Needle Felting: Penguins	Mon, Jan. 26, 1:30-3:30 p.m.	Frederick	\$10	
Needle Felting: Charms	Mon, Feb. 16, 1:30-3:30 p.m.	Frederick	\$10	
Needle Felting: Coasters	Mon, Feb. 16, 1:30-3:30 p.m.	Frederick	\$10	
Asian Ink & Brushwork: An Overview	Tues, Jan. 13, 2:00-3:00 p.m.	Urbana	Free	
Asian Ink & Brushwork: A Hands-on Experience	Wed, Jan. 28, 1:00-3:00 p.m.	Urbana	\$5	
Winter Hat Door Hanger	Tues, Jan. 6, 1:30-3:00 p.m.	Urbana	\$12	
Drawing/Illustration Class	Tues, ongoing, 4:00-5:00 p.m.	Virtual	Free	
Golden Tones Chorus	Mon, Jan. 5 (11-wks), 2:00-3:30 p.m.	Frederick	\$50	
Music Basics	Mon, Jan. 5 (4-wks), 10:00-11:00 a.m.	Frederick	\$20	
Singing Basics	Mon, Feb. 16 (4-wks), 10:00-11:00 a.m.	Frederick	\$20	
Choral Singing Basics	Mon, Mar. 23 (4-wks), 10:00-11:00 a.m.	Frederick	\$20	
Make checks payable to "Frederick County Treasurer"				Grand Total

Office Use Only: Check # _____ Cash _____ Credit Card _____ AIM _____ Staff Name _____ Date _____

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Use this form to pay by check: drop-off at one of the centers or mail to: Frederick County Division of Aging & Independence, Attn: 50+ Programs, 1440 Taney Ave., Frederick, MD 21702
To pay by credit card visit our eStore: <http://frederickcountymd-gov.3dcartstores.com>

Name _____ Phone _____

Email Address _____

Mailing Address _____

Event/Program	Date	Location	Price	Total
Writing Family History II	Wed (Jan-Mar), 10:30-11:30 a.m.	Frederick, Virtual	Free	
Writing Family History I - Intro	Tues, Mar 3 (4-wks), 10:00-11:00 a.m.	Virtual	Free	
Crafting with Cathy @ Brunswick	Beaded Bracelet: Thurs, Jan. 15, 1:00 p.m. Rag Wreath: Thurs, Feb. 19, 1:00 p.m. Key Chain: Thurs, Mar. 26, 1:00 p.m.	Brunswick	\$5 per session	
Craft & Conversation @ Emmitsburg	Bird Feeders: Wed, Jan. 14, 11:00 a.m. Tea Cup Scene: Wed, Feb. 11, 11:00 a.m. Resin Earrings: Wed, Mar. 11, 11:00 a.m.	Emmitsburg	\$2-Jan. 14 \$5-Feb. 11 \$5-Mar. 11	
Crafting with Lynne @ Frederick	Dream Journals: Wed, Jan. 14, 10:00 a.m. Paper Flowers: Wed, Feb. 11, 10:00 a.m. Bird House: Wed, Mar. 11, 10:00 a.m.	Frederick	\$5 per session	
Craft & Conversation @ Urbana	Snowmen: Tues, Jan. 20, 1:30 p.m. Photo Holders: Tues, Feb. 17, 1:30 p.m. Planters: Tues, Mar. 24, 1:30 p.m.	Urbana	\$5 per session	
Upcycle Crafts @ Middletown	Fingerless Gloves: Thurs, Jan. 8, 1:00 p.m. Valentine Favors: Tues, Feb. 3, 1:00 p.m. Wall Hanging: Thurs, Mar. 12, 1:00 p.m.	Middletown	Donation @ door	
Dollar Craft Day @ Emmitsburg	3rd Tuesday, 11:00 a.m.	Emmitsburg	\$1 @ door	
Diamond Dot Fun	Wednesdays, 1:00-3:00 p.m.	Brunswick	\$2 per item pay @ door	
Crafts with Michelle	Snowman: Tues, Jan. 27, 10:30 a.m. Cork Heart: Tues, Feb. 17, 10:30 a.m. Windchime: Tues, Mar. 17, 10:30 a.m.	Brunswick	\$1 per session pay @ door	
Make checks payable to "Frederick County Treasurer"				Grand Total

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