



FREDERICK COUNTY GOVERNMENT
OFFICE OF THE COUNTY EXECUTIVE

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County Executive

News Release

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Frederick County Division of Aging and Independence Partners with ClancyWorks Dance Company for Creative Movement Workshop *Free Workshop for Older Adults to Enhance Well-being through Dance and Social Interaction*

FREDERICK, Md. – The Frederick County Division of Aging and Independence is partnering with ClancyWorks Dance Company to offer a new and exciting workshop: The Creative Movement Workshop. This engaging workshop is designed to enhance well-being through breathing, singing, and dancing exercises. Classes will also discuss themes and allow participants to socialize and commune.

“ClancyWorks Dance Company has offered this creative opportunity to numerous older adult groups throughout central Maryland,” said Home and Community Connections Director Kitty Devilbiss. “We are very excited to bring this acclaimed program to Frederick County and provide space to explore music and creative movement in a safe and welcoming community.”

ClancyWorks Dance Company was founded by Artistic Director Adrienne Clancy in 2001. ClancyWorks’ mission is to help enhance the quality of life for people, using the arts to develop mutual understanding and to advance positive social action through four program areas: performance, arts in education, community engagement, and professional development.

Workshop Details:

The Creative Movement Workshop, led by ClancyWorks Dance Company, will be held every Wednesday from April 9, 2025, to June 11, 2025. There are two locations and times:

- **Emmitsburg 50+ Community Center:** Wednesdays from 1:00 PM to 2:00 PM, located at 300 S Seton Ave., Emmitsburg, MD 21727. For more information, call 301-600-6350.
- **Middletown 50+ Community Center:** Wednesdays from 3:00 PM to 4:00 PM, located at 101 Prospect Ave., Middletown, MD 21769. For more information, call 301-600-3613.

Class Activities:

Classes will include a variety of activities such as breathing exercises, singing, and dancing.

Inclusivity and Accessibility:

ClancyWorks Dance Studio’s teaching artists are highly trained to work with diverse populations and abilities, including those with mobility and memory issues. This ensures that all participants can fully enjoy and benefit from the workshop.

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Free of Charge:

Thanks to a generous grant from the Maryland Arts Council, the Frederick County Division of Aging and Independence is pleased to offer these workshops at no cost to participants. Don't miss this wonderful opportunity to move, create, and connect. Join us for the Creative Movement Workshop and experience the joy of dance and community. For more information, please contact the Frederick County Division of Aging and Independence at 301-600-1234 or via [email](#).

Anyone that needs auxiliary aids and services for effective communication or a reasonable modification in programs, services or activities, please contact the Americans with Disabilities Act Coordinator at ada@frederickcountymd.gov, or by calling 301-600-1100.

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