



FREDERICK COUNTY GOVERNMENT
OFFICE OF THE COUNTY EXECUTIVE

Jessica Fitzwater
County Executive

News Release

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True to Lead Division of Aging and Independence

FREDERICK, Md. – Frederick County Executive Jessica Fitzwater has appointed Carolyn True as Director of the Division of Aging and Independence. The County Council voted to confirm her appointment today. A longtime employee of Frederick County, Ms. True served as Deputy Director since January 2024. In September, she was named Acting Director upon the retirement of Kathryn Schey.

“Our community’s most vulnerable residents deserve to be treated with care and respect,” County Executive Fitzwater said. “Carolyn has incredible experience serving their needs. With her knowledge and data-driven approach, I am confident she will be a strong advocate for the people she serves.”



The Division of Aging and Independence operates six 50+ community centers, the Scott Key Center, Meals on Wheels, and the Service Coordination for Seniors Program. It also provides numerous resources for caregivers, seniors, veterans and people with disabilities. The division has a \$10 million operating budget.

Ms. True has worked for Frederick County Government for 27 years. She also has served on numerous boards and commissions, including the Continuum of Care Committee, the Maryland Coordinating Caregivers Council, and the United Way of Frederick County. She is a graduate of Leadership Frederick County and was named a Person to Watch by Frederick Magazine in 2000.

Ms. True earned a Master’s Degree in Human Sciences and a Bachelor of Arts degree in Political Science from Hood College.

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