



FREDERICK COUNTY GOVERNMENT

DIVISION OF EMERGENCY MANAGEMENT

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News Release

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September Is National Preparedness Month

FREDERICK, Md. – The month of September is National Preparedness Month, an awareness campaign designed to encourage people to prepare for disasters and emergencies. This year's theme, designated by the Federal Emergency Management Agency, is "Preparing for Older Adults."

During September, Frederick County Division of Emergency Management will join a nationwide effort to share preparedness information with a special focus on older adults. Older adults can face greater risks when it comes to extreme weather events and emergencies, especially if they are living alone, are low-income, have a disability, or live in rural areas.

"Older adults should plan in advance for disaster by creating a communications plan and support network, planning for assistance medical devices, and having copies of insurance cards and extra medicines in your emergency kits." said Anthony Rosano, Deputy Director of Emergency Management.

While this year's focus is older adults, everyone can do their part to keep the community safe by preparing for emergencies. Take action by reviewing your family emergency plans, updating disaster supply kits, checking insurance coverage, and knowing where to find local emergency information.

Take the first step to preparedness and get informed by signing up to receive emergency information from AlertFC at www.FrederickCountyMD.gov/ALERT.

For more information on preparing for, responding to and recovering from emergencies and hazards, visit www.FrederickCountyMD.gov/DEM. Find us on Facebook <https://www.facebook.com/FCGMDDEM/> and follow us on Twitter https://twitter.com/FCG_DEM

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