

Access to healthy food
Ability to purchase and
prepare meals

Food



Literacy
Language
Lifelong learning

Education



**Social
Determinants of
Health account
for 80% of an
individual's
quality of life**
-American Journal of
Preventive Medicine

Health coverage
Provider availability
Quality care

Health Care System



Quality of Life



Economic Stability



Employment
Income
Expenses/Debt

Community & Social Context



Community engagement
in service, religious, or
social organizations
Support systems

Neighborhood & Physical Environment



Housing
Transportation
Safety

Social Determinants of Health

Economic Stability

Medicare Subsidy Programs
Property Tax Credits
Senior Tax Credit
Veterans Property Tax Credit
Caregiver Respite Subsidy
Prescription Drug Assistance
Employment Opportunities For Adults With Disabilities



Community & Social Context

Caregiver Support Group
Adult Public Guardianship Review Board
Elder Abuse Prevention & Awareness
Senior Services Advisory Board
Veterans Advisory Council
Commission on Disabilities
Senior Centers
(In-Person & Virtual Classes & Activities)



Health Care System

Maryland Access Point
Health Promotion & Disease Prevention Programs
Community Options Waiver
Level 1 – Eligibility Screening Tool
Hospital To Home Transitions
Senior Care
(In-Home Care, Chore Services)
Medicare Education & Enrollment



Neighborhood & Physical Environment

Ombudsman Services
Guardianship Services
Third Party Notification Program
Housing Consultation & Referrals
Transportation Referrals
Long Term Care/Assisted Living Referrals



Food

Meals On Wheels
Home Delivered Meals
Groceries For Seniors
Emergency Food Support
Restaurant Initiative
Nutrition Education



Education

Property Tax Credit Education
Dementia Friendly Frederick
Powerful Tools For Caregivers
Scam/Fraud Education
Stroke Smart Education
Host Institute For Learning In Retirement Classes
Employment Training For Adults With Disabilities

