

Revised In-Person Participation Guidelines

Effective Monday, April 4th, **masks will be STRONGLY recommended, but not required** for participants or staff attending in-person programs and activities at Frederick County Senior Services 50+ Community Centers and Facilities.

The Senior Services Division recognizes this policy may affect your decision to participate in-person. We are respectful of that decision and request that all participants honor the needs and preferences of everyone attending activities, classes, and programs.

The following guidelines remain in effect:

Centers will establish and maintain physical distancing. This includes, but is not limited to; leaving every other seat open for lounge seating, computer lab use, and for table activities except cards and games. Maintain a maximum of 4 players per table for cards and games, with tables spaced approximately 6 feet apart. Fitness class seating will be placed 6 feet apart.

Centers will limit the number of participants in any given space or room to maintain effective distancing. Rooms will be set-up in advance for maximum participation. No additional chairs will be available.

Participants must pre-register at least 2 business days in advance for all in-person activities, classes and programs. Priority will be given to individuals without access to virtual participation options. Unfortunately, we are not able to accommodate drop-in participants at this time.

All fees are applicable for virtual, virtual/in-person hybrid, and in-person only programs. Fitness scholarships are available for qualified individuals. Information is available on the website.

In-person fitness participants must wipe down equipment and chair with disposable disinfecting wipe provided, at conclusion of each session.

Participants should not arrive more than 15 minutes prior to start, and should leave within 15 minutes of end of program, class or activity.

Participants may socialize outdoors where seating areas are available.

Participants may provide their own beverages as appropriate. Centers do not have dining space available at this time.

Windows and doors will be opened, as available, to facilitate airflow and ventilation. Participants may want to bring a sweater or wrap for temperature changes. Distractions and noise levels may be increased as a result.

Participants and staff are encouraged to adopt additional mitigation measures including personal actions such as physical distancing, vaccinations, boosting, testing, and remaining home when not feeling well or symptomatic.

It is important to recognize that these guidelines could change at any time, with little or no notice.