

Operation Tohidu[®]

Tohidu is a Cherokee word meaning peace of mind, body, and spirit.

Melwood Veterans Services offers retreats for veterans and active duty personnel who are coping with PTS(d), traumatic brain injury, anxiety and/or depression related to military service, including military sexual trauma.

Operation Tohidu[®] retreats are offered at no cost to the participant, including travel. For more information, to apply online or to support, visit OperationTohidu.org or call (301) 599-4550.

