



FREDERICK COUNTY GOVERNMENT

DIVISION OF EMERGENCY MANAGEMENT

Department of Emergency Preparedness

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News Release

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Frederick County Emergency Responders Conducting a Community Preparedness Seminar July 13, 2019

FREDERICK, MD – Frederick County Emergency Responders will conduct a free community preparedness seminar on July 13, 2019 from 7:30 a.m. until 1 p.m. at the Public Safety Training Facility (PSTF), 5370 Public Safety Place, Frederick MD 21704. Attendance will be restricted to the first 80 registrants and will close on July 5, 2019.

To register via EventBrite, go to <http://tinyurl.com/y99lubvs>.

The Frederick County Division of Fire and Rescue Services, the Frederick County Division of Emergency Management, Frederick County Health Department, Frederick County Sheriff's Office, Frederick County Volunteer Fire & Rescue Association, The City of Frederick Police Department, Maryland State Police and the Maryland Department of Health have partnered to provide a free day of emergency preparedness training in response to the citizens of Frederick County requests for training.

The classes on July 13 include:

- Welcome and emergency preparedness planning
- Civilian Response to Active Shooter Events
- Stop the Bleed Training
- Hands Only CPR (non-certificate class)
- Naloxone/Narcan© training
- Closing remarks (certificates of participation issued)

The opening will introduce the instructors and provide information on how to prepare for emergency and disaster situations. The CRASE training topics include the history and prevalence of active shooter events, civilian response options, medical issues, and considerations for conducting drills.

The Stop the Bleed training, a White House initiative launched October 2015, is intended to cultivate grassroots efforts that encourage bystanders to become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives. No matter how rapid the arrival of professional emergency responders, bystanders will always be first on the scene. A person who is bleeding can die from blood loss within five minutes, therefore it is important to quickly stop

the blood loss. Those nearest to someone with life threatening injuries are best positioned to provide first care.

The Cardio Pulmonary Resuscitation (CPR, hands only) class will provide non-certificate training in this lifesaving skill. Hands-Only CPR is CPR without mouth-to-mouth breaths. It is recommended for use by people to immediately assist a person suffering from cardiac arrest until help arrives. Bystander hands only CPR provided after cardiac arrest can significantly increase the victim's chance of survival. This class does not provide a CPR certification but provides the skills to assist until help arrives.

Naloxone/Narcan© is a prescription medicine that reverses an opioid overdose. Naloxone is safe and effective and has been used by emergency medical professionals and doctors for decades. Training will include: Types of Opioids, How to recognize an Opioid Overdose, How to administer Naloxone and resources for family members, friends and loved ones.

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