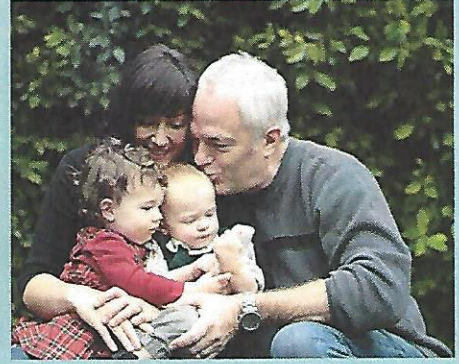


Caring for a loved one? You don't have to face this challenge alone.

"Will this meeting
ever end?
Mom needs me.
Did she leave the
stove on again?"

"How do I get all this
done and take care
of a sick child...
and my aging parents?"

"Knowing what supports are
available has allowed
me to regain balance
and enjoy
my family again."



FREDERICK COUNTY DEPARTMENT OF AGING CAREGIVER SUPPORT PROGRAM

Help is available.

Take charge and call today for individualized
information, referral and support.

301-600-6001



Learn how by calling today.

CAREGIVER SUPPORT PROGRAM

CAREGIVERSUPPORT@FREDERICKCOUNTYMD.GOV

WWW.FREDERICKCOUNTYMD.GOV/AGING