



Pulling Together for the Children of Frederick County

Frederick County Interagency Early Childhood Committee
A Subcommittee of the Local Management Board
MHA Community Services Wing
Meeting Minutes
May 3, 2018

Present: Shannon Aleshire, Kathy Allen, Nicole Anderson, Jennifer Barker-Frey, Alison Bomba, Nancy Boyd, David Brewster, Steve Buckley, Hannah Cobb, Barbara Dillon, Dea Dorsey, Leslie Frei, Monica Grant, Colleen Guardia, David Humphries, Jim Lee, Barbara May, Cathy Nusbaum, Darcy O'Daniel, Celia O'Fallon, Pilar Olivo, Stacy Wantz

Meeting Minutes Recorder: Stacy Wantz

Welcome and Introductions: Cathy Nusbaum and Stacy Wantz

Review and Approval of Minutes: – All

Motion made by Leslie Frei to approve the minutes as written; motion was seconded by Monica Grant; minutes for the April 5, 2018 meeting were approved.

3 Brief Announcements:

1. Sign-up sheet for meeting minutes recorder (August 2018 – June 2019) was circulated for volunteers
2. Update on Ginny Simoneau: Cathy related that after 26 days at FMH, Ginny was transferred to a rehab facility, complications with her wound resulted in a second surgery this past week, and the family is requesting no visitors at this time. Thoughts and well wishes are appreciated.
3. Nomination of Dr. Lee for the 2018 AAP Council on Community Pediatrics for the Local Hero Award – Monica Grant submitted on behalf of the IECC, recognizing Dr. Lee as a true champion for children in our community, and in gratitude for his involvement with the IECC (awardee to be announced in June 2018).

Local Management Board Business – IECC Chair & Vice Chair

Janet Vogel and Kathy Allen have graciously accepted nominations for the positions of IECC Chairperson and Vice Chair, respectively. By unanimous vote of present

committee members, both positions were filled. A transition meeting prior to the June IECC meeting will be coordinated between Janet, Kathy, Cathy & Stacy.

Presentation: Dr. Alison Bomba, Child Psychologist

Dr. Bomba moved to Frederick 2 years ago, and has been in practice for 11 years. She currently sees 25 clients weekly (children/adolescents, ages 3-25 years old), with a focus on anxiety and bereavement. Therapeutic interventions for anxiety and phobias include Cognitive Behavioral Therapy (CBT), which emphasizes the ability to build skills to prevent problems. The goal for treatment is to help the child tolerate the discomfort of the anxiety through the use of problem solving, validation, and gradual exposure therapy techniques. Dr. Bomba has trained other psychologists on bereavement with young people, and facilitates 2 bereavement groups (child, teen), and a social skills group.

Has a 2-3 month wait to start with new patients; does not participate with insurance companies (although patients can submit for out-of-network provider). Dr. Bomba is a member of the Pro Bono Counseling, and a board member for the Mental Health Association of Frederick County. Dr. Bomba also a professional speaker and consultant.

Presentation: Awareness to Action – Frederick County ACE’s, by Pilar Olivo & David Humphries

Pilar and David presented at the Maryland State ECAC on 3/15/18.

- Overview of ACE’s
- Frederick County’s outreach (over 2,000 in 2 years)
- ACE’s presentation that is adaptable to varied audiences
- Why it was possible?
 - IECC
 - Passionate advocates
 - Strong organization w/resources
 - Key stakeholders
- Infographic created by Leaders on Loan
- IECC raised visibility of ACE’s –
 - more than just awareness
 - community conversations
 - Education on ACE’s (MSM, Hood Nursing program)
- Awareness & Education to Action: Local Health Improvement Plan
 - Robert Wood Johnson Foundation – Community Health Coach
 - Leaders meet monthly, coach provides resources
 - Awareness w/IECC
 - Prevention
 - Intervention and Treatment
 - New Programs:
 - Frederick County Master Trainer in ACE Interface w/ Maryland Essentials for Childhood
 - Handle With Care
 - Ready Rosie
 - Changes in Workplace & Schools

- Trauma Informed Workplaces
 - Workplace recognition awards
 - Trauma Informed Schools
- Expanded Treatment Resources
 - Neurofeedback
- Local Funding
 - Governor’s Office for Crime and Prevention
 - United Way
 - Community Foundation
- Collaborative Spirit in Frederick – “What is best for Frederick?”

Mid-year Checkpoint Survey Results

Review and will remain on the agenda for next month’s meeting –

- What are the priorities?
- Another subcommittee?
- Applying for funds – who can apply?
- Combine/connect with other available resources

Networking/Announcements:

Hannah Cobb: Frederick County Public Libraries Summer Reading Challenge begins May 15th

Shannon Aleshire: (1) Children’s Festival, beautiful day, large attendance (fire department distributed 3,000 hats to children by 1:30pm), social media success for surveys; (2) WFMD Radio Show this Saturday (May 5th), noon -2pm, call in with questions.

Barbara May: Childbirth classes, groups for teen mothers and in Spanish

Darcy O’Daniel: Notable Progressions Music free drum circle @ Sky Stage (first Friday of the month through September) – on their Facebook page

Leslie Frei: June 20th Parent Café

Pilar Olivo: Asian American Center Partnering for Health Equity Event held last Friday (4/27); members of minority community are not included in the discussion

Nancy Boyd: May 8th the Community Health Worker Certification will be signed into law

Shannon Aleshire: Maryland increasing the Child Care Subsidy rate

Subcommittee Meetings – 2:00

- Adverse Childhood Experiences
 - Raising awareness of the impact of ACEs on our community
- ReadyRosie

- Evidence Based Practice in Parent Engagement

Adjourn

NOTICE:

All individuals making public comment must register at the door. Individuals requiring special accommodations because of a disability or for lack of English proficiency must contact the Office for Children and Families at (301) 600-1063 or dial 711 for Maryland Relay Services to make arrangements, no later than three (3) working days prior to the meeting.