



Public Health
Prevent. Promote. Protect.

Frederick County Health Department

News Release

CONTACT: Todd Crum
Public Information Representative
Behavioral Health Services
301-600-3285
TTY: Use Maryland Relay
TCrum1@FrederickCountyMD.gov

FOR IMMEDIATE RELEASE:

JULY 2, 2012

RECOVERY COACH ACADEMY FOR SUBSTANCE USE DISORDERS SCHEDULED FOR JULY

FREDERICK, MD -- Frederick County **CORE**, a Recovery Oriented System of Care (ROSC), is pleased to announce that they will be offering their second **CCAR** (Connecticut Community for Addiction Recovery) **Recovery Coach Academy**. This is a 30-hour 4-day training opportunity designed to prepare individuals to coach persons in their recovery from substance use disorders. Recovery coaching involves mentoring and guiding individuals in the process of removing barriers and obstacles to their recovery. The training will take place on **July 30, July 31, August 6, and August 7** from **9:00 a.m. - 4:30 p.m.** in the **Frederick County Health Department auditorium**. This training academy is offered by the Frederick County CORE program and made possible by a three-year

--more--



Barbara A. Brookmyer, M.D., M.P.H. ▪ Health Officer

350 Montevue Lane ▪ Frederick, MD 21702

Phone: 301-600-1029 ▪ Fax: 301-600-3111 ▪ MD TTY: 1-800-735-2258





Public Health
Prevent. Promote. Protect.

Frederick County Health Department

Recovery Coach Academy / Page 2

Substance Abuse and Mental Health Services Administration (SAMHSA) federal grant awarded to Frederick County in September 2010.

A Recovery-Oriented System of Care (ROSC) is a client-centered approach assisting individuals and families seeking recovery from substance use disorders. Assistance includes accessing both treatment and recovery services such as, **recovery coaching**, job training and placement, transportation assistance, life-skills classes, childcare assistance, and other services. Additionally, ROSC involves developing a recovery community of persons in recovery supporting one another.

This dynamic training covers a variety of topics, including re-thinking the definition of recovery; introducing the role of Recovery Coach and defining its purpose; teaching and providing opportunities to practice effective skills in working with people in recovery; and learning how to mentor someone with differing values and beliefs.

Trainers will be Katherine Shriver, Director of Frederick County CORE, Carlton Hill, Coordinator, and Santita Prather, Program Specialist. A certificate of completion will be given at the end of the training for those who attend all four sessions. There is no cost for this initial training. The purpose of this training is to prepare individuals to serve as Recovery Coaches for ROSC participants in Frederick County. For questions or to register for this training academy, contact

--more--



Public Health
Prevent. Promote. Protect.

Frederick County Health Department

Recovery Coach Academy / Page 3

Santita Prather at sprather@frederickcountymd.gov or 301-600-3289. Spaces are limited.

###